Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION



Host Accommodations & Training Facility Information

City & State of GST Training:	Gaithersburg, MD
Date of Training:	May 6-10, 2024 (Monday-Friday) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (30 min Lunch Break) - Total 6 hrs. daily
First & Last Name of Host:	Kimberly Curry
Title of Host	Officer
Agency Host:	Montgomery County Police
Work Telephone:	240-773-6921
Mobile Telephone:	240-426-4867
Host Email:	kimberly.curry@montgomerycountymd.gov
Name of Training Facility:	Public Safety Training Academy (PSTA)
Full Address of Training Facility:	8751 Snouffer School Rd, Gaithersburg, MD 20879
Square Footage of Matted Area:	2,500
Parking Information:	Parking available
Are Lockers available?	No
Are Showers available?	Yes
Are weapons allowed in facility?	Yes but not in the training venue. Weapon lockers upon request
Describe Security access to facility:	On site security / card access
Nearest Major Airport:	Baltimore Washington (BWI), Dulles (IAD), Reagan (DCA)
Driving minutes from airport to facility:	BWI 50 mins, IAD 45 mins , RIA 45 min (all aprox 35 miles)
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Hotels in Area: Hampton inn & Suites - 960 N. Frederick Avenue Gaithersburg MD 20879 - 301-990-4300 | Homewood Suites by Hilton 805 Russell Ave, Gaithersburg MD 20879 - 301-670-0008 | Towneplace Suites by Marriott - 212 Perry Pkwy, Gaithersburg MD 20877, 301-590-2300 (many more in the area)

Resturants in area:	Feel free to reach out to the host
Nearby Attractions:	Washington DC

Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun).
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

GST Overview:

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below. All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com