## Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION

## **Host Accommodations & Training Facility Information**

City & State of GST Training:	Mt. Pleasant, WI
Date of Training:	June 17-21, 2024 (Mon-Fri) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Christopher Paulson
Title of Host:	Lieutenant
Agency Host:	Mt. Pleasant Police Department
Work Telephone:	262-664-7934
Mobile Telephone:	262-221-3163
Other Telephone:	262-884-0454
Fax:	262-664-7901
Host Email:	cpaulson@mtpleasantwi.gov
Name of Training Facility:	J. I. Case High School
Full Address of Training Facility:	7345 Washington Ave., Racine, WI 53406
Square Footage of the Training Room:	30,763 Sq. ft.
Square Footage of Matted Area:	3,400 Sq. ft. (more if needed)
Parking Information:	Large parking lot
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	LEO yes (do not suggest leaving in locker or unsecured)
Describe Security access to facility:	Typically secured field house doors
Nearest Major Airport:	General Mitchell International Airport
Driving minutes from airport to facility:	25 minutes
Hotels in Area:	Staybridge Suites Racine, Holiday Inn Express Suites, Country Inn & Suites, Delta Hotel Racine, & Double Tree by Hilton
Nearby Restaurants:	Charcoal Grill, Angry Brothers, Olive Garden, BWW, Texas Roadhouse Wells Brothers, Nonna Wells
Nearby Attractions:	Local Micro Brewery, Downtown, Milwaukee Brewers (approx 30 min away), Minor League Baseball (approx 20 min away)

## Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun).
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

## **GST Overview**:

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.
- All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303   Email: GST@GracieUniversity.com