

# Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course



## LEVEL 1 CERTIFICATION

### Host Accommodations & Training Facility Information

<b>City &amp; State of GST Training:</b>	Oklahoma City, OK
<b>Date of Training:</b>	May 6-10, 2024 (Monday - Friday) for <b>Certification &amp; Re-Certification</b>
<b>Training Hours (30 hours total / 5-Days):</b>	8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily
<b>First &amp; Last Name of Host:</b>	Rick Ellis
<b>Title of Host:</b>	Trooper
<b>Agency Host:</b>	Oklahoma Highway Patrol
<b>Work Telephone:</b>	(405) 425-2410
<b>Mobile Telephone:</b>	(580) 695-0398
<b>Fax:</b>	(405) 425-2464
<b>Host Email:</b>	<a href="mailto:rick.ellis@dps.ok.gov">rick.ellis@dps.ok.gov</a>
<b>Name of Training Facility:</b>	<b>Oklahoma Department of Corrections</b>
<b>Full Address of Training Facility:</b>	<b>3400 N. Martin Luther King Ave., Oklahoma City, OK 73111</b>
<b>Square Footage of Matted Area:</b>	4,000
<b>Parking Information:</b>	Large parking lot to the west of Training Facility
<b>Are Lockers available?</b>	No
<b>Are Showers available?</b>	No
<b>Are weapons allowed in facility?</b>	No
<b>Describe Security access to facility:</b>	The building itself is limited access to LE personnel only/Training Staff
<b>Nearest Major Airport:</b>	Will Rogers World Airport
<b>Driving minutes from airport to facility:</b>	20 minutes
<b>Hotels in Area:</b>	Holiday Inn Express, Embassy Suites, Courtyard Marriott, The Omni, Hampton Inn, The Skirvin
<b>Nearby Restaurants:</b>	Fassler Hall, The Collective, Ted's, Big Truck Taco, Deep Deuce Grill, The Garage, The Mule.
<b>Nearby Attractions:</b>	Bricktown Riverwalk, Top Golf, I-Fly Indoor Skydiving, Remington Park, Chisolm Creek, Penn Square Mall, Cabela's

#### Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun).
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

#### GST Overview:

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online ([www.GracieUniversity.com](http://www.GracieUniversity.com)) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. **Disclaimer:** All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.
- All GST courses are taught by a Gracie University Master Instructor.

<b>Gracie University GST Website:</b>	<a href="http://www.GracieUniversity.com/GST">www.GracieUniversity.com/GST</a>
<b>Director of Military &amp; Law Enforcement Combatives:</b>	Cell: 817-692-8303   Email: <a href="mailto:GST@GracieUniversity.com">GST@GracieUniversity.com</a>