## Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

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City & State of GST Training:	Columbus, OH (USA)	
Date of Training:	January 11-15, 2021 (Mon - Friday) for Certification & Re-Certification	
Training Hours (30 hours total / 5-Days):	8:00 am to 2:00 pm daily (minimal breaks) - Total 6 hrs. daily	
First & Last Name of Host:	Lieutenant Robert Hilderbrandt	
Title of Host:	Training Commander	
Agency Host:	Ohio State Highway Patrol	
Work Telephone:	(614) 466-4896	
Mobile Telephone:	(937) 728-9933	
Other Telephone:	(614) 387-6093	
Fax:	(614) 387-7667	
Host Email:	bhilderbrandt@dps.ohio.gov	
Name of Training Facility:	Ohio State Highway Patrol Training Academy	
Full Address of Training Facility:	740 East 17th Ave. Columbus, OH 43211	
Square Footage of Matted Area:		
Parking Information:		
Are Lockers available?	Yes	
Are Showers available?	Yes	
Are weapons allowed in facility?	Yes, LEO's Only	
Describe Security access to facility:	Front of Building. Sign-in with Security Officer.	
Nearest Major Airport:	Port Columbus International Airport (CMH)	
Driving minutes from airport to facility:	15 minutes	
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## Hotels in Area:

Polaris - Comfort Inn, Hilton Columbus/Polaris, Wingate by Wyndham, Four Points by Sheraton, Hampton Inn. All about 20 minutes North.

Nearby Restaurants:	Texas Roadhouse, The Great American Grill, Bonefish Grill, Carrabba's Grill, Quaker Steak & Lube, Eddie Merlot's (Polaris)
Nearby Attractions:	

## Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

## **GST Overview**:

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.
- All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303   Email: GST@GracieUniversity.com