

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

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| City & State of GST Training: | Decatur, IL |
| Date of Training: | January 25-29, 2021 (Mon - Friday) for Certification & Re-Certification |
| Training Hours (30 hours total / 5-Days): | 8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily |
| First & Last Name of Host: | Mike Donaker |
| Title of Host | Police Officer |
| Agency Host: | Decatur Police Department |
| Work Telephone: | 217-424-2743 |
| Mobile Telephone: | 217-433-7409 (Donaker) |
| Other Telephone: | N/A |
| Fax: | 217-542-3535 |
| Host Email: | mdonaker@decaturil.gov |
| Name of Training Facility: | Macon County L.E. Training Center |
| Full Address of Training Facility: | 900 W Grove Rd, Decatur IL 62521 (this is the South entrance) |
| Square Footage of Matted Area: | 2000 sqft. |
| Parking Information: | On site |
| Are Lockers available? | No |
| Are Showers available? | Yes |
| Are weapons allowed in facility? | No, Store in vehicles, lot is fenced |
| Describe Security access to facility: | Not open to public, on the campus of LE training academy. |
| Nearest Major Airport: | Lambert Field St Louis MO |
| Driving minutes from airport to facility: | 2 hours, 127 miles (regional airport has flights to STL/CHI, etc) |
| Hotels in Area: | Homewood Suites (Hilton), Residence Inn (Marriott), Fairfield Inn (Marriott), Hampton Inn, Ramada Limited, Comfort Inn and Suites, Country Inn and Suites (Radisson), Holiday Inn and Suites, Baymont (Wyndham) all clustered 8 miles north of training facility. |
| Nearby Restaurants: | Buffalo Wild Wings, Red Lobster, Cheddars, Texas Roadhouse, McAlister's, Pizza Hut, Steak and Shake, McDonald's, Penn Station, Applebees, Taco Bell, Cracker Barrel all within 1 mile of hotels. Mexican, fast food, pub food and pizza near training facility. |
| Nearby Attractions: | None during winter months. |
| Attire & Equipment to Bring for Participants: | <ul style="list-style-type: none">- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.- Feet: Barefoot recommended- no footwear other than wrestling shoes.- REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site.- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)- Don't forget to wear inner belt so that the gun belt can be securely fastened.- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped. |
| GST Overview: | <ul style="list-style-type: none">- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques. - What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period. - Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. Disclaimer: All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below. - All GST courses are taught by a Gracie University Master Instructor. |
| Gracie University GST Website: | www.GracieUniversity.com/GST |
| Director of Military & Law Enforcement Combatives: | Cell: 817-692-8303 Email: GST@GracieUniversity.com |