

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 2 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	Raleigh, NC (USA)
Date of Training:	May 11-15, 2020 (Mon - Friday) for Certification & Re-Certification
Training Hours (30 hours total):	8:00 am to 2:30 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Sunny Yu Gracie Jiu-Jitsu Durham
Agency Name:	Orange County Sheriff's Office
Work Telephone:	(919) 964-5777
Mobile Telephone:	N/A
Other Telephone:	N/A
Fax:	N/A
Host Email:	Info@GracieJiuJitsuDurham.com
Name of Training Facility:	Fetzer Gym - Wrestling Room
Full Address of Training Facility:	101 Student Recreation Center, Chapel Hill, NC 27514
Square Footage of Matted Space:	4,770 sqft.
Parking Information:	To be handled by UNC Campus Police and Orange County SO
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	Yes
Describe Security access to facility:	N/A
Nearest Major Airport	Raleigh-Durham International Airport (RDU)
Driving minutes from airport to facility:	Approximately 25 minutes
Hotels in area:	<ul style="list-style-type: none">- Days Inn Chapel Hill 1312 Fordham Blvd. Chapel Hill, NC 27514 (919) 929-3090- Chapel Hill University Inn 1301 Fordham Blvd. Chapel Hill, NC 27514 (919) 929-2171- Red Rood Inn Chapel Hill-UNC 5623 Durham-Chapel Hill Blvd. Durham, NC 27707 (919) 489-9421
Nearby Restaurants:	Sunrise Biscuit Kitchen, Merrit's Store, Al's
Nearby Attractions:	Please see Host.
Attire & Equipment to Bring for Participants:	<ul style="list-style-type: none">- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!- Bottoms: Long loose fitting athletic pants, kimono pants or tactical pants.- Feet: Barefoot recommended- no footwear other than wrestling shoes (Please clip fingers and toes if barefoot).- NEW: Duty belt/web gear, applicable holster, body armor, as well as an appropriate training handgun. (Helmet is not part of training but may be used with permission from instructor.)- Other: Bring snacks, fruit & hydration drinks. Optional: Groin & mouth protection.
GST Level 2 Overview:	Since 2011, the Gracies have actively been gathering reports and recommendations from GST Instructors around the world. There were four contributors that went above and beyond in helping the Level 2 course come together. Our special thanks to Charlie Moore (US Marshals Service), Chuck Smith (US Customs and Border Protection), Charles Fernandez (Arlington, TX PD), and Craig Hanaumi (Bellevue, WA PD). Altogether, the GST Level 2 course features 16 totally new lessons including, but not limited to: Handcuffing Procedures, Weapon Retention Strategies (standing and ground), Multiple Officer Arrest Procedures, Gracie Two-man Takedown Techniques, Edged Weapon Defense Strategies (standing and ground), Standing Wall-Control Tactics, CQB Ground Control Tactics and Gracie Teaching Methodologies.
2 Mystery Lessons TBD (To Be Developed):	In addition to the 16 new lessons, Ryron and Renner Gracie intend to collaborate with the Level 2 course participants to create at least two totally new lessons during the actual course. The course participants will make suggestions for the topic of the mystery lessons based on common threat scenarios that haven't been addressed, and the Gracie Brothers will apply their knowledge and work with the participants to devise reliable solutions. In other words, GST will continue evolving to meet the demands of those whose lives depend on it.
Bring Your Duty Belt and Training Gear:	Several of the GST Level 2 weapon retention techniques will be practiced using the duty belt. In order to maximize training benefit, course participants must bring their duty belt/assault vest/web gear, applicable holster, as well as an appropriate training handgun and training handcuffs for use during the week. Please note: absolutely no live weapons will be permitted in the training area at any time. Please do NOT bring: firearms, knives, less lethal devices, etc.
GST Level 2 (L2) Qualification Requirements + GST Level 1 (L1) Recertification	In order to participate in the Level 2 GST course, participants must have completed GST Level 1 within the last two years. In addition to certifying instructors in the 16 new lessons and 2 mystery lessons, the Level 2 course will also serve as Level 1 recertification for all who attend. As part of the recertification benefits, Level 2 graduates will also be granted access to the complete GST Level 1 & 2 course online through Gracie University. The online GST access will remain for the duration of the certification period.
	<ul style="list-style-type: none">- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. Disclaimer: All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.- All GST courses are taught by a Gracie University Master Instructor.
Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military/Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com