

**Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course**  
**LEVEL 1 + LEVEL 2 DUAL CERTIFICATION**

**Host Accommodations & Training Facility Information**

<b>City &amp; State of GST Training:</b>	Sea Girt NJ (USA)
<b>Date of Training:</b>	(8) DAY TRAINING COURSE <b>Week 1:</b> January 17-21, 2022 (Monday-Friday) <b>Week 2:</b> January 24-26, 2021 (Monday-Wednesday)
<b>Training Hours (48 hours total / 8-Days):</b>	8:00 am to 2:00 pm daily (minimal breaks) - Total 6 hrs. daily
<b>First &amp; Last Name of Host:</b>	Wayne Manstream
<b>Title of Host:</b>	Major
<b>Agency Host:</b>	New Jersey Department of Corrections
<b>Work Telephone:</b>	(732) 282-6020
<b>Mobile Telephone:</b>	(609) 276-8439
<b>Other Telephone:</b>	N/A
<b>Fax:</b>	(732) 974-2029
<b>Host Email:</b>	<a href="mailto:wayne.manstream@doc.nj.gov">wayne.manstream@doc.nj.gov</a>
<b>Name of Training Facility:</b>	<b>National Guard Training Center</b>
<b>Full Address of Training Facility:</b>	<b>100 Camp Drive, Sea Girt NJ 08750</b>
<b>Square Footage of Matted Area:</b>	4000 sqft.
<b>Parking Information:</b>	Parking lot on Governor's Way past building 60 next to the lake
<b>Are Lockers available?</b>	No
<b>Are Showers available?</b>	Yes, but limited to six
<b>Are weapons allowed in facility?</b>	Yes. However, lock boxes are limited to seven
<b>Describe Security access to facility:</b>	Valid law enforcement/military ID to enter facility
<b>Nearest Major Airport:</b>	Newark Liberty International
<b>Driving minutes from airport to facility:</b>	1 hour 10 minutes (51.5 miles)
<b>Hotels in Area:</b>	Sea Girt Lodge, Sea Girt NJ   Atlantice Inn Suites, Wall Twp. NJ   Budget Inn Suites, Wall Twp. NJ   Sand Pebble Motor Lodge, Pt. Pleasant Beach NJ
<b>Nearby Restaurants:</b>	Benny's Pizza, Bagel Basket- Spring Lake NJ, Andy's Pizza, Jersey Mikes, Joe Leones- Sea Girt NJ, Surf Taco, Bubbakoo's Burrito- Manasquan NJ
<b>Nearby Attractions:</b>	Please see host.
<b>Attire &amp; Equipment to Bring for Participants:</b>	<ul style="list-style-type: none"> <li>- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!</li> <li>- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.</li> <li>- Feet: Barefoot recommended- no footwear other than wrestling shoes.</li> <li>- <b>REQUIRED:</b> Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site.</li> <li>- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)</li> <li>- Don't forget to wear inner belt so that the gun belt can be securely fastened.</li> <li>- Optional: Groin &amp; mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.</li> <li>- Other: Bring snacks, fruit &amp; hydration drinks. Finger &amp; toe nails must be clipped.</li> </ul>
<b>GST Level 1 Overview:</b>	<ul style="list-style-type: none"> <li>- The GST Level 1 portion of the course consists of 23 stand-up &amp; ground techniques, taught in 30 hours over a 5-day period.</li> <li>- Techniques address most common threat scenarios encountered by Military &amp; Law Enforcement personnel in the field.</li> <li>- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger &amp; stronger opponents.</li> <li>- Instructors reduce liability for their agency when they learn safe, effective &amp; proven reality-based techniques.</li> <li>- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military &amp; law enforcement personnel &amp; many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge &amp; skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (<a href="http://www.GracieUniversity.com">www.GracieUniversity.com</a>) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.</li> </ul>

**GST Level 2 Overview:** Since 2011, the Gracies have actively been gathering reports and recommendations from GST Instructors around the world. GST Level 2 course features 17 totally new lessons including, but not limited to: new handcuffing systems (compliant, non-compliant, high risk, etc, Weapon Retention Strategies (standing and ground), Multiple Officer Arrest Procedures, Gracie Two-Officer Takedown Techniques, Edged Weapon Defense Strategies (standing and ground), Standing Wall-Control Tactics, CQB Ground Control Tactics and Gracie Teaching Methodologies. Additionally, Level 2 certified instructors, will get access the The LAB, a new law enforcement collaboration curriculum comprised of the best ideas from officers and agencies across the country.

**Bring Your Duty Belt and Training Gear:** Several of the GST weapon retention techniques will be practiced using the duty belt. In order to maximize training benefit, course participants must bring their duty belt/assault vest/web gear, applicable holster, as well as an appropriate training handgun and training handcuffs for use during the week. Please note: absolutely no live weapons will be permitted in the training area at any time. Please do NOT bring: firearms, knives, less lethal devices, etc.

**GST Level 1 and 2 Combined Certification**

**This 8 day course will certify the student in the entire GST system ( inclusive of both the Level 1 and Level 2 course materials). Graduates will be granted access to the complete GST Level 1 & 2 courses online through Gracie University. The online GST access will remain for the duration of the two-year certification period.**

- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. **Disclaimer:** All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.

**COVID Precautions:** To attend the GST course at this location, you are required to be fully vaccinated against COVID-19, or you must present a negative COVID-19 test result taken no longer than 72 hours prior to the start of the course. Proof of vaccination must be emailed to [wayne.manstream@doc.nj.gov](mailto:wayne.manstream@doc.nj.gov) at least one week prior to the course start date. Negative COVID tests will be required at check-in on the first day of the course for all attendees who did not send in proof of vaccination.

Acceptable forms of Proof of Vaccination : • the CDC COVID-19 vaccination card issued at the vaccination site, or an electronic or physical copy; • the official record from the New Jersey Immunization Information System (NJISS) or other immunization register. • a record from a health care provider's portal or medical record system on official letterhead signed by a licensed physician, nurse practitioner, physician's assistance, registered nurse, or pharmacist; • a military immunization or health record from the United States Armed Forces; or • Docket mobile phone application record or any state-specific application that produces a digital health record.

- All GST courses are taught by a Gracie University Master Instructor.

<b>Gracie University GST Website:</b>	<a href="http://www.GracieUniversity.com/GST">www.GracieUniversity.com/GST</a>
<b>Director of Military &amp; Law Enforcement Combatives:</b>	Cell: 817-692-8303   Email: <a href="mailto:GST@GracieUniversity.com">GST@GracieUniversity.com</a>