

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	Maple Grove, MN (USA)
Date of Training:	August 22-26, 2022 (Mon - Friday) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:00 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Sgt. Brad Holzerland
Title of Host:	Sergeant
Agency Host:	Maple Grove Police Department
Work Telephone:	(763) 494-6100
Mobile Telephone:	(612) 964-5122 (Sgt. Holzerland Cell)
Other Telephone:	(763) 494-6204 (Sgt. Holzerland Work Direct)
Fax:	(763) 494-6431
Host Email:	bholzerland@maplegrovern.gov
Name of Training Facility:	North Metro Range and Training Facility
Full Address of Training Facility:	11370 89th Avenue Maple Grove MN 55369
Square Footage of Matted Area:	2,000 sqft.
Parking Information:	On Site
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	Yes
Describe Security access to facility:	Controlled Access
Nearest Major Airport:	Minneapolis Saint Paul International Airport
Driving minutes from airport to facility:	Approx. 35-40
Hotels in Area:	Springhill Suites, Courtyard by Marriott, Holiday Inn, Hilton Garden Inn, Hampton Inn, Residence Inn, Staybridge Suites, Cambria Suites
Nearby Restaurants:	Brick and Bourbon, Crave, Pittsburgh Blue, Biaggi's, 3 Squares
Nearby Attractions:	Mall of America, Target Field, Como Zoo, Walker Art Center, Downtown Duluth
Attire & Equipment to Bring for Participants:	<ul style="list-style-type: none"> - Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top! - Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended. - Feet: Barefoot recommended- no footwear other than wrestling shoes. - REQUIRED on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site. - If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun) - Don't forget to wear inner belt so that the gun belt can be securely fastened. - Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training. - Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.
GST Overview:	<ul style="list-style-type: none"> - The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period. - Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field. - These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents. - Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques. - What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period. - Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. Disclaimer: All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below. - All GST courses are taught by a Gracie University Master Instructor.
Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 Email: GST@GracieUniversity.com