# Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course LEVEL 1 CERTIFICATION



## Host Accommodations & Training Facility Information

City & State of GST Training:	Surrey, British Columbia (CANADA)
Date of Training:	February 27 - March 3, 2023 (Mon - Friday) for Certification & Re-Certification
Training Hours (30 hours total / 5-Days):	8:00 am to 2:30 pm daily (30-minute lunch break) - Total 6 hrs. daily
First & Last Name of Host:	Christiaan Allaart
Title of Host:	Constable
Agency Host:	Surrey Police Service
Alternative Contact:	(778) 838-4678
Mobile Telephone:	N/A
Other Telephone:	N/A
Fax:	N/A
Host Email:	christiaan.allaart@surreypolice.ca
Name of Training Facility:	Surrey Police Service Training Facility
Full Address of Training Facility:	400 - 6651 148th St, Surrey, BC, V3S3C7
Square Footage of Matted Area:	4600 sqft.
Parking Information:	Road parking available
Are Lockers available?	Yes
Are Showers available?	Yes
Are weapons allowed in facility?	Yes
Describe Security access to facility:	Security guard on the first floor and the 4th floor is SPS access only
Nearest Major Airport:	Vancouver International Airport (YVR)
Driving minutes from airport to facility:	37 km

#### **Hotels in Area:**

Holiday Inn - 17530 64 Ave

Best Western - 8033 King George Blvd

Holiday Inn Express - 158 104 Ave

Nearby Restaurants:	Please see Host.
Nearby Attractions:	Please see Host.

# Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

### **GST Overview:**

- The GST course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will ensure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.
- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. <u>Disclaimer:</u> All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.
- All GST courses are taught by a Gracie University Master Instructor.

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Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303   Email: GST@GracieUniversity.com