

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 + LEVEL 2 DUAL CERTIFICATION

Host Accommodations & Training Facility Information



City & State of GST Training:	Lakewood, NJ (USA)
Date of Training:	(8) DAY TRAINING COURSE Week 1: June 13-17, 2022 (Monday-Friday) Week 2: June 20-22, 2022 (Monday-Wednesday)
Training Hours (48 hours total / 8-Days):	8:00 am to 2:00 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Tom Slinchak
Title of Host:	Sergeant
Agency Host:	Ocean County Sheriff's Office/Office County Police Academy
Work Telephone:	(732) 363-8710 x. 20
Mobile Telephone:	(732) 539-4153
Other Telephone:	(732) 600-8196
Fax:	(732) 363-1619
Host Email:	Tslinchak@co.ocean.nj.us
Name of Training Facility:	Ocean County Police Academy/Shore Thing Wrestling Club
Full Address of Training Facility:	659 Ocean Avenue Lakewood, NJ 08701/175 Oberlin Avenue North Lakewood, NJ 08701
Square Footage of Matted Area:	2000 sqft.
Parking Information:	Limited parking at the off site location/We can shuttle from the Academy to the off site location if need be
Are Lockers available?	No
Are Showers available?	Yes at the Academy/No at the off site
Are weapons allowed in facility?	Yes
Describe Security access to facility:	Academy is a secured facility with one main entrance/Off site is a closed private wrestling club
Nearest Major Airport:	Trenton Mercer (TTN) and Newark Liberty (EWR)
Driving minutes from airport to facility:	56 Minutes to TTN and 54 Minutes to EWR
Hotels in Area:	Hilton Garden Inn - Lakewood, NJ; Hampton Inn - Neptune, NJ; Clarion - Toms River, NJ
Nearby Restaurants:	Please see host.
Nearby Attractions:	Seaside Heights, Asbury Park Boardwalks
Attire & Equipment to Bring for Participants:	<ul style="list-style-type: none"> - Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top! - Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended. - Feet: Barefoot recommended- no footwear other than wrestling shoes. - REQUIRED: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site. - If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun) - Don't forget to wear inner belt so that the gun belt can be securely fastened. - Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training. - Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.
GST Level 1 Overview:	<ul style="list-style-type: none"> - The GST Level 1 portion of the course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period. - Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field. - These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents. - Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques. <p>- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.</p>

GST Level 2 Overview: Since 2011, the Gracies have actively been gathering reports and recommendations from GST Instructors around the world. GST Level 2 course features 17 totally new lessons including, but not limited to: new handcuffing systems (compliant, non-compliant, high risk, etc, Weapon Retention Strategies (standing and ground), Multiple Officer Arrest Procedures, Gracie Two-Officer Takedown Techniques, Edged Weapon Defense Strategies (standing and ground), Standing Wall-Control Tactics, CQB Ground Control Tactics and Gracie Teaching Methodologies. Additionally, Level 2 certified instructors, will get access the The LAB, a new law enforcement collaboration curriculum comprised of the best ideas from officers and agencies across the country.

Bring Your Duty Belt and Training Gear: Several of the GST weapon retention techniques will be practiced using the duty belt. In order to maximize training benefit, course participants must bring their duty belt/assault vest/web gear, applicable holster, as well as an appropriate training handgun and training handcuffs for use during the week. Please note: absolutely no live weapons will be permitted in the training area at any time. Please do NOT bring: firearms, knives, less lethal devices, etc.

GST Level 1 and 2 Combined Certification

This 8 day course will certify the student in the entire GST system (inclusive of both the Level 1 and Level 2 course materials). Graduates will be granted access to the complete GST Level 1 & 2 courses online through Gracie University. The online GST access will remain for the duration of the two-year certification period.

- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. **Disclaimer:** All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.

POST Credit for GST Completion

While the hosting state does not currently offer POST credit for GST completion, if you are attending the course from out of state, you may qualify for POST credit in your state. The GST course is now POST Certified in over 35 states in America, making Gracie University the only jiu-jitsu organization in the country to achieve this distinction. The International Association of Directors of Law Enforcement Standards and Training (IADLEST) launched the National Certification Program (NCP) to establish law enforcement training standards and "best practices" relating to improved professionalism and skill sets for the nation's first responders. Since NCP courses are recognized nationally, any time a Peace Officer from one of the member states completes GST Level 1 Instructor Certification Program (in person), the training hours will count towards the officer's mandatory in-service training requirements. To confirm that your state is an IADLEST member, please visit GracieUniversity.com/POST.

GST IADLEST Course Number: 21332-2105

- All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:

www.GracieUniversity.com/GST

Director of Military & Law Enforcement Combatives:

Cell: 817-692-8303 | Email: GST@GracieUniversity.com