

Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 + LEVEL 2 DUAL CERTIFICATION

Host Accommodations & Training Facility Information



City & State of GST Training:	Sea Girt NJ (USA)
Date of Training:	(8) DAY TRAINING COURSE Week 1: January 17-21, 2022 (Monday-Friday) Week 2: January 24-26, 2021 (Monday-Wednesday)
Training Hours (48 hours total / 8-Days):	8:00 am to 2:00 pm daily (minimal breaks) - Total 6 hrs. daily
First & Last Name of Host:	Wayne Manstream
Title of Host:	Major
Agency Host:	New Jersey Department of Corrections
Work Telephone:	(732) 282-6020
Mobile Telephone:	(609) 276-8439
Other Telephone:	N/A
Fax:	(732) 974-2029
Host Email:	wayne.manstream@doc.nj.gov
Name of Training Facility:	National Guard Training Center
Full Address of Training Facility:	100 Camp Drive, Sea Girt NJ 08750
Square Footage of Matted Area:	4000 sqft.
Parking Information:	Parking lot on Governor's Way past building 60 next to the lake
Are Lockers available?	No
Are Showers available?	Yes, but limited to six
Are weapons allowed in facility?	Yes. However, lock boxes are limited to seven
Describe Security access to facility:	Valid law enforcement/military ID to enter facility
Nearest Major Airport:	Newark Liberty International
Driving minutes from airport to facility:	1 hour 10 minutes (51.5 miles)
Hotels in Area:	Sea Girt Lodge, Sea Girt NJ Atlantice Inn Suites, Wall Twp. NJ Budget Inn Suites, Wall Twp. NJ Sand Pebble Motor Lodge, Pt. Pleasant Beach NJ
Nearby Restaurants:	Benny's Pizza, Bagel Basket- Spring Lake NJ, Andy's Pizza, Jersey Mikes, Joe Leones- Sea Girt NJ, Surf Taco, Bubbakoo's Burrito- Manasquan NJ
Nearby Attractions:	Please see host.
Attire & Equipment to Bring for Participants:	
	- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
	- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
	- Feet: Barefoot recommended- no footwear other than wrestling shoes.
	- REQUIRED: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERS/CEWs in the training site.
	- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)
	- Don't forget to wear inner belt so that the gun belt can be securely fastened.
	- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
	- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.
GST Level 1 Overview:	
	- The GST Level 1 portion of the course consists of 23 stand-up & ground techniques, taught in 30 hours over a 5-day period.
	- Techniques address most common threat scenarios encountered by Military & Law Enforcement personnel in the field.
	- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
	- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.
	- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.

GST Level 2 Overview: Since 2011, the Gracies have actively been gathering reports and recommendations from GST Instructors around the world. GST Level 2 course features 17 totally new lessons including, but not limited to: new handcuffing systems (compliant, non-compliant, high risk, etc, Weapon Retention Strategies (standing and ground), Multiple Officer Arrest Procedures, Gracie Two-Officer Takedown Techniques, Edged Weapon Defense Strategies (standing and ground), Standing Wall-Control Tactics, CQB Ground Control Tactics and Gracie Teaching Methodologies. Additionally, Level 2 certified instructors, will get access the The LAB, a new law enforcement collaboration curriculum comprised of the best ideas from officers and agencies across the country.

Bring Your Duty Belt and Training Gear: Several of the GST weapon retention techniques will be practiced using the duty belt. In order to maximize training benefit, course participants must bring their duty belt/assault vest/web gear, applicable holster, as well as an appropriate training handgun and training handcuffs for use during the week. Please note: absolutely no live weapons will be permitted in the training area at any time. Please do NOT bring: firearms, knives, less lethal devices, etc.

GST Level 1 and 2 Combined Certification

This 8 day course will certify the student in the entire GST system (inclusive of both the Level 1 and Level 2 course materials). Graduates will be granted access to the complete GST Level 1 & 2 courses online through Gracie University. The online GST access will remain for the duration of the two-year certification period.

- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. **Disclaimer:** All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.

POST Credit for GST Completion

While the hosting state does not currently offer POST credit for GST completion, if you are attending the course from out of state, you may qualify for POST credit in your state. The GST course is now POST Certified in over 35 states in America, making Gracie University the only jiu-jitsu organization in the country to achieve this distinction. The International Association of Directors of Law Enforcement Standards and Training (IADLEST) launched the National Certification Program (NCP) to establish law enforcement training standards and "best practices" relating to improved professionalism and skill sets for the nation's first responders. Since NCP courses are recognized nationally, any time a Peace Officer from one of the member states completes GST Level 1 Instructor Certification Program (in person), the training hours will count towards the officer's mandatory in-service training requirements. To confirm that your state is an IADLEST member, please visit GracieUniversity.com/POST.

GST IADLEST Course Number: 21332-2105

COVID Precautions: To attend the GST course at this location, you are required to be fully vaccinated against COVID-19, or you must present a negative COVID-19 test result taken no longer than 72 hours prior to the start of the course. Proof of vaccination must be emailed to wayne.manstream@doc.nj.gov at least one week prior to the course start date. Negative COVID tests will be required at check-in on the first day of the course for all attendees who did not send in proof of vaccination.

Acceptable forms of Proof of Vaccination : • the CDC COVID-19 vaccination card issued at the vaccination site, or an electronic or physical copy; • the official record from the New Jersey Immunization Information System (NJISS) or other immunization register. • a record from a health care provider's portal or medical record system on official letterhead signed by a licensed physician, nurse practitioner, physician's assistance, registered nurse, or pharmacist; • a military immunization or health record from the United States Armed Forces; or • Docket mobile phone application record or any state-specific application that produces a digital health record.

- All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:

www.GracieUniversity.com/GST

Director of Military & Law Enforcement Combatives:

Cell: 817-692-8303 | Email: GST@GracieUniversity.com