Gracie Survival Tactics (GST) Military/Law Enforcement Instructor Certification Course

LEVEL 1 CERTIFICATION

Host Accommodations & Training Facility Information

City & State of GST Training:	**Tustin, California (USA)**
Date of Training:	January 3-7, 2022 (Mon - Friday) for **Certification & Re-Certification**
Training Hours (40 hours total / 5-Days):	8:00 am to 4:00 pm daily (minimal breaks) - Total 8 hrs. daily
First & Last Name of Host:	Adam Treanor / Jeff Chobanian
Title of Host	Sergeant
Agency Host:	Orange County Sheriff's Department (MAIN) / UCLA Police Department
Work Telephone:	714) 566-2702 / (310) 206-8883
Mobile Telephone:	(310) 991-2579
Other Telephone:	N/A
Fax:	N/A
Host Email:	ATREANOR@ocsheriff.gov / chobanian@ucpd.ucla.edu
Name of Training Facility:	**Orange County Sheriff's Department - Regional Training Academy**
Full Address of Training Facility:	**15991 Armstrong Ave, Tustin, CA 92782**
Square Footage of Matted Area:	3,000 sq feet
Parking Information:	Free Parking
Are lockers available?	No
Are showers available?	Yes
Are weapons allowed in facility?	Yes
Describe Security access to facility:	Inside of Sheriff's Department training facility
Nearest Major Airport:	John Wayne Airport
Driving minutes from airport to facility:	Approx. 10-15 minutes

Hotels in Area:

Staybridge Suites Irvine - John Wayne Airport, an IHG Hotel, Embassy Suites by Hilton Santa Ana Orange County Airport

Nearby Restaurants:	Lucille's Smokehouse, Chick Fil-A, Chipolte
Nearby Attractions:	Disneyland, Honda Center, Irvine Spectrum

Attire & Equipment to Bring for Participants:

- Tops: T-shirt (Long Sleeve recommended) or sweats. No Gi top!
- Bottoms: Long loose fitting athletic pants, tactical pants or Gi pants. Shorts acceptable but not recommended.
- Feet: Barefoot recommended- no footwear other than wrestling shoes.
- **REQUIRED** on the Last Day of Training: Duty Belt / Gun Belt with training gun (injection-molded, plastic or rubber) - Please no live lethal guns, chemical/OC sprays, knives live TASERs/CEWs in the training site.
- If you are a detective or in CID and only wear a belt with a holster, then it is acceptable to wear that holster (or a similar training holster) with a training gun (injection molded, plastic or rubber gun)
- Don't forget to wear inner belt so that the gun belt can be securely fastened.
- Optional: Groin & mouth protection. Load bearing equipment (helmet, body armor, gear, duty belt, etc.) is not part of training but may be used with permission from instructor on last day of training.
- Other: Bring snacks, fruit & hydration drinks. Finger & toe nails must be clipped.

GST Overview:

- The GST course consists of 23 stand-up & ground techniques, taught in 40 hours over a 5-day period.
- Techniques address most common threat scenarios encountered by Military& Law Enforcement personnel in the field.
- These Gracie Survival Tactics (GST) are extremely effective when you are up against much larger & stronger opponents.
- Instructors reduce liability for their agency when they learn safe, effective & proven reality-based techniques.

- What sets GST apart from all other similar Instructor Certification Courses is the Gracie University Instructors' exclusive teaching techniques. Drawing from over 85 years of experience, teaching thousands of military & law enforcement personnel & many thousands more students from all walks of life, the Gracies' have developed a detailed, systematic approach in presenting their knowledge known today as the Gracie Teaching Methodologies. This will insure that course graduates can effectively impart their newfound knowledge & skills of GST to other members of their organization, using the best teaching skills ever developed in this field. In addition to the Hands-On course, graduates will receive the entire Level 1 video course online (www.GracieUniversity.com) to use for future reference and refresher training. The online GST access will remain for the duration of the certification period.

- Open only to active (reserve/guard okay) Military personnel, Law Enforcement personnel, and Firefighters/EMTs. **Disclaimer:** All non-US based LE and MIL personnel must be pre-approved before registering. To begin the approval process, please contact our GST Director below.

California POST Certification

Gracie University has achieved California POST Certification for the GST program. With this designation, any California Peace Officer who graduates from GST Instructor Certification Program (in person) will have their certification recognized and endorsed by the state of California. Here is the course information/description from the CA POST official website:

Gracie Survival Tactics covers all of the basic physical skills necessary to safely control a combative suspect, including takedowns, ground control, handcuffing, and weapon retention. In addition, it includes instruction on Use of Force law, Tactical De-escalation Techniques, and extensive instructor development training, including an in-depth study of how to teach psychomotor skills in an adult learning environment. Successful completion of this class satisfies ARSTCTRL PSP and Tactical Communications PSP for the training cycle in which this course is completed. Per 11CCR1070, students who successfully complete this course will be POST certified to instruct Arrest and Control courses.

CA POST Presenter: Gracie University of Jiu-Jitsu
CA POST Presenter Number: 1472
CA POST Course Number: 20795
Certified Hours: 40

- All GST courses are taught by a Gracie University Master Instructor.

Gracie University GST Website:	www.GracieUniversity.com/GST
Director of Military & Law Enforcement Combatives:	Cell: 817-692-8303 | Email: GST@GracieUniversity.com